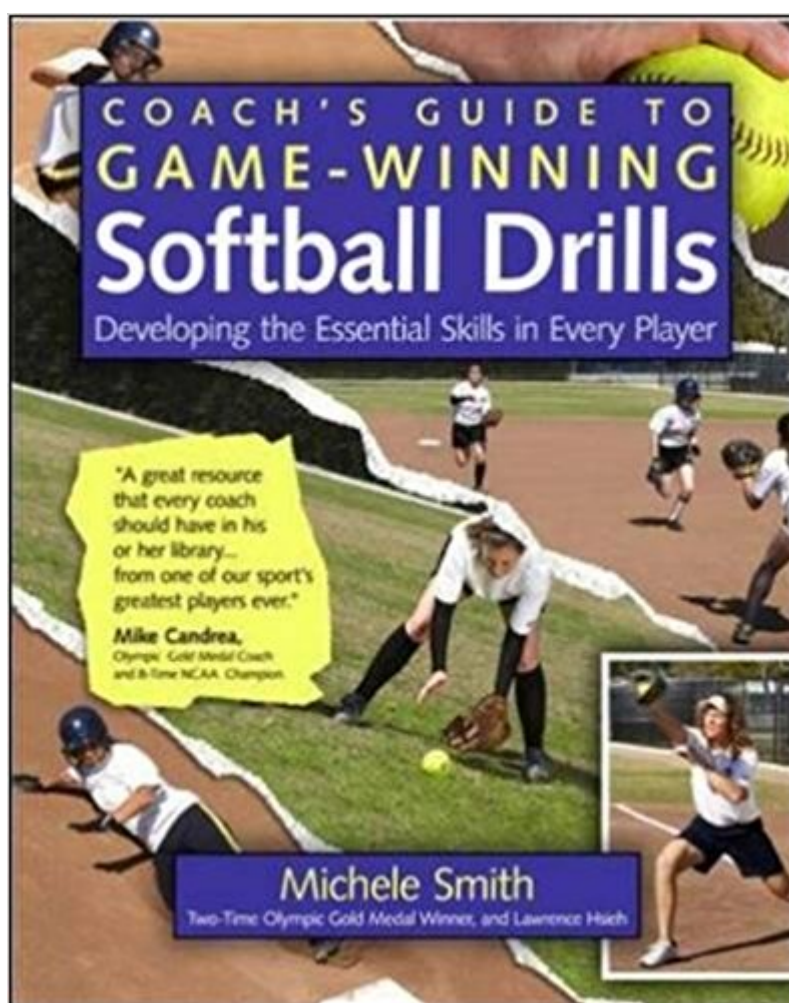




The book was found

Coach's Guide To Game-Winning Softball Drills: Developing The Essential Skills In Every Player (International Marine-RMP)



Synopsis

“Mastering these drills will arm your players with one of the biggest intangibles necessary to perform well--confidence.”

• --Michele Smith Two-time Olympic gold medalist and Hall of Fame pitcher Michele Smith throws one right down the middle with this big collection of more than 250 skill-building drills developed especially for coaches of fast-pitch recreation league, travel ball, and high school softball players, ages eight to eighteen. Straight from the Michele Smith Gold Camps and Clinics, these drills are designed to give you all the tools you need to teach the entire range of offensive and defensive softball skills. With Michele's expert guidance and instruction, you'll coach your players to:

- Master the mechanics of footwork for fielding with hustle
- Swing for the fences and hit the fastest pitches
- Catch the ball proactively and throw it quickly and accurately to its target
- Defend the infield and outfield with speed and confidence
- Run the bases swiftly and strategically
- Refine fast-pitch skills so they can windmill like Michele
- And much more

Book Information

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Customer Reviews

Michele Smith has won two Olympic gold medals with the U.S. National Softball Team and was inducted into the American Softball Association Hall of Fame. An ESPN commentator for the Little League World Series, she runs popular softball clinics through her company, Michele Smith Inc. (michelesmith.com). She lives in St. Petersburg, Florida. Lawrence Hsieh is a writer, an attorney specializing in sports law, and a volunteer youth sports coach.

This book is FULL of great information. The author does a great job of explaining techniques and the reason behind safety some things. Then it gives multiple drills from beginner to advanced players. Definitely recommend this book for any softball player on any skill level. Great sections for pitching and catching as well.

VERY PLEASED WITH BOOK. WAS BOUGHT AS A GIFT. THE COACH HAS FOUND IT TO BE VERY HELPFUL

Great information and varying degrees of drills for all ages. Not only drills for coaches but also ones parents can do I hope. Absolutely overwhelmed and excited about all the drills to utilize at practice. I highly recommend this book if you want to liven up some dull practice schedules! :)

This is perhaps the best guide of its kind on the market today. My husband is an assistant coach on our daughter's softball team, and the information and drills he's learned from this book are just phenomenal. I strongly recommend it to would-be coaches, experienced coaches and especially parents who want to give their girls some added practice at home. Fantastic job by author Michele Smith.

I like the variety of drills and how it's targeted to beginner, intermediate levels but will also throw in an extra step to make it advanced if needed. So far, so good. The practice plan examples are great too. I've been assistant coach for about 3 years, now this is my second season of head coaching. This little book has really helped me out with ideas so far. Highly recommend for young/newbie coaches that need some direction!

I was looking for a book founded in correct practice that could support my daughter (9 years) in progressing her softball skills. This book is well organized with each chapter starting with definitions and diagrams for each domain to then follow up with drills. Great for both parents and coaches. Totally worth the money!

Great drills and easy to implement.

As a high school softball coach for the past 18 years, I have found that coming up with challenging, productive drills that improve skills, challenge, AND entertain players can be daunting, day after

day. This book is clearly one of the best I have encountered, if not the best, for quality, productive drills. The explanations and illustrations are clear. I particularly like the legend on each page that indicates the time needed for the drill, the skill level, and the cardio-level required. This feature, in particular, helps me provide a great variety of drills during a practice to maximize learning and conditioning at the same time. Brilliant. Do yourself a favor . . . buy this book! (Also, check out Kathy Veroni's book for great tips for all aspects of coaching.)

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